

Autumn 2 2023 Newsletter

Year 3 and 4



This Half Term!

What a fantastic start we have had to the new school year! We have loved getting to know our new classes and the children have worked incredibly hard to get their learning off to a brilliant start. We have had a busy few weeks in Year 3 and 4. Some of our favourite things have been, helping Ariel decide whether to say in the sea or move on to land; learning about the body in Science and creating some botanical pictures in Art. We have also had a visitor come and talk to us about road safety and how to cross the road correctly. In addition, children have been completing the NSPCC workshops which have supported them in being able to talk to trusted adults about their worries. Here are a few photos of all the things we have been up to:



The Importance of Sleep

Recently our KS2 children completed a questionnaire called 'Me and My Feelings'. From this we have found that many children have highlighted that they experience problems sleeping, or wake up in the night.

Sleep deprivation can cause increased hyperactivity, and can lead to difficulties with physical and mental development. Poor sleep habits from an early age can lead to long term sleep problems.

Problems can occur for a whole host of reasons; anxiety, bedtime routine, bedroom environment, feeling hungry/ thirsty, screen time, nightmare or night terrors, sensory difficulties to name a few.

Quality sleep is essential for children's growth and development. A decent night's sleep will help with memory, allow them to react more quickly to situations and make them less susceptible to colds and other minor ailments.

If you are one of the many parents whose child experiences difficulties with their sleep, then the following website could make a world of difference and is worth taking some time to read;

<https://thesleepcharity.org.uk/information-support/children/>

Within this site you will find top tips for a good night's sleep, helpful bedtime routine guides and information about diet and sleep along with other key information.

Curriculum- What will the children be learning next term?



Maths- Year 3

Addition and Subtraction across 10 and 100
Inverse operations using fact families.



Maths- Year 4

Addition and Subtraction
Multiplication and Division

English (Talk for Writing)-

Fiction – Native American Myths – How the Stars Fell into the Sky

Non-Fiction – A persuasive advert

Science – Light

PE

Indoor PE – Gymnastics - Bridges

Outdoor PE – Hockey

Lions: Indoor – Friday afternoon/Outdoor – Monday afternoon

Tigers: Indoor – Tuesday afternoon/Outdoor – Monday afternoon

Leopards: Indoor - Thursday afternoon/ Outdoor – Friday afternoon



Computing- Email



PSHE- Celebrating difference

R&W- What kind of world did Jesus want?

History- Local History (Derbyshire through time)

Design and Technology- Photo frames

Thrive – Engaging creatively and imaginatively; learning something new; discussing, debating and learning from others.

French- Classroom commands, calendar and celebrations.

Music- Glockenspiel- Stage 1



NUT ALLERGIES

We have children in school who could have an anaphylactic reaction if exposed to nuts or nut traces. Please only send your children to school with packed lunches that do not contain nuts or products containing nut traces. This includes Nutella and other chocolate spreads/products that contain nut traces or MAY contain nut traces or hummus dips.

Thank you!

Anti-Bullying Week: 13th- Friday 17th November

This years theme is '**Make a Noise about Bullying**'. The week will begin with Odd Socks day on the 13th and a special worship delivered by our fantastic Friendship Ambassadors. Please see the link below to find out more information.

[Anti-Bullying Week 2023: Make A Noise About Bullying \(anti-bullyingalliance.org.uk\)](https://anti-bullyingalliance.org.uk)

Important Dates

13th November: Odd Socks Day to begin Anti-Bullying week

17th November: Children in Need

23rd November: Open morning

27th November: Photos

8th December: Flu vaccine

22nd December: Last day of term



The easiest way to contact any member of the Year 3/4 team is by using our email address:

Y3-4department@scargill.derbyshire.sch.uk

We will also use phone calls, texts, X (Twitter) and the school website to keep you informed.

*We hope you have found this information sheet helpful.
If there is anything else you would like to know please ask.*