



Edale 2026 Kit list



In a small rucksack to take on the coach

- ✓ A drink in a refillable water bottle
- ✓ Inhaler (if needed). Any other medication must be handed to first aiders before our departure.
- ✓ Packed lunch for the first day in a disposable bag.
Please remember no nuts/ no traces of nuts!

Please wear:

A waterproof coat with a hood which is suitable for the outdoors
Comfy clothes for travelling in and doing our first activities.

NO mobile phones, tablets or other electronic games.

In a larger rucksack or holdall which you can carry

- ✓ Waterproof trousers and coat
- ✓ Walking boots/shoes. These can be provided by the centre if necessary.
- ✓ Warm socks if needed for walking boots
- ✓ Trainers suitable for outdoor (possibly muddy) activities.
- ✓ Indoor shoes such as PE pumps, clean trainers or similar (not slippers as these are for indoor activities).
- ✓ Woolly or sun hat depending on the weather as it could be either really chilly or very warm!
- ✓ Ankle socks not trainer socks.
- ✓ Enough comfortable clothes for the stay, allowing for 2 extra outfits in case of mud/rain!
Things like joggers, leggings, long sleeved tops, sweatshirts, fleeces
- ✓ PJ's
- ✓ Underwear
- ✓ Towel and toiletries: sun cream, toothbrush and paste, shampoo, soap, hairbrush, hair bobbles,
- ✓ Plastic bags for muddy clothes/shoes.
- ✓ Anything you need to sleep with like teddy or book!!!

NO sweets, chocolate, drinks.

PLEASE ENSURE YOUR CHILD'S NAME IS ON EVERYTHING!

