

Winter safety

This poster is designed to help you enjoy water safely in winter.

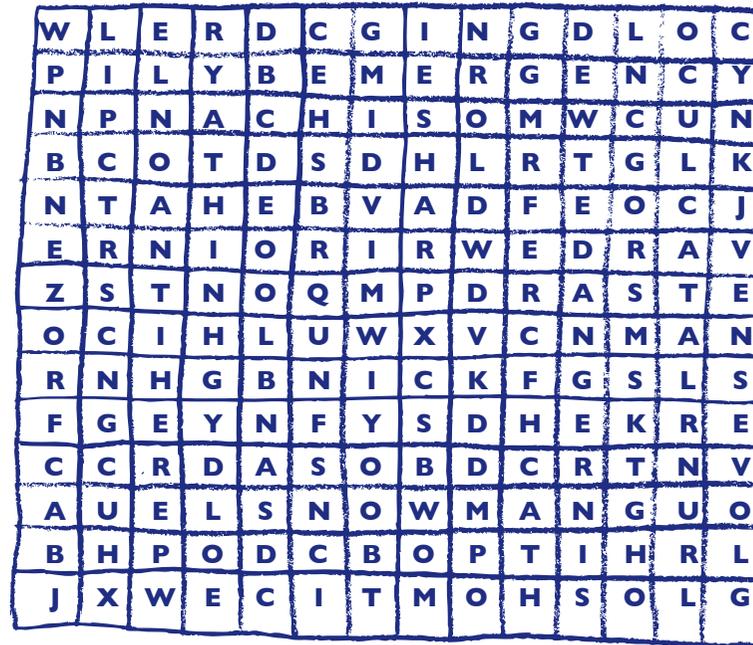
Winter Safety Advice:

- Pay attention to water safety signs
- Don't go on to the ice, it is not safe
- Never go on to the ice to rescue someone, try to reach them with an object
- Keep clear of the water's edge in case you fall in
- Never play in floodwater, you may get swept away or it may be deeper than you think

Contact RLSS UK to find out how you can become a Rookie Lifeguard and learn lifesaving and self rescue skills.

0300 323 0096 or education@rlss.org.uk

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WINTER

ICE

CRACKS

COLD

SIGNS

FROZEN

THIN

EMERGENCY

SNOWMAN

GLOVES

DANGER

SHARP

Draw a snowman lifeguard!

