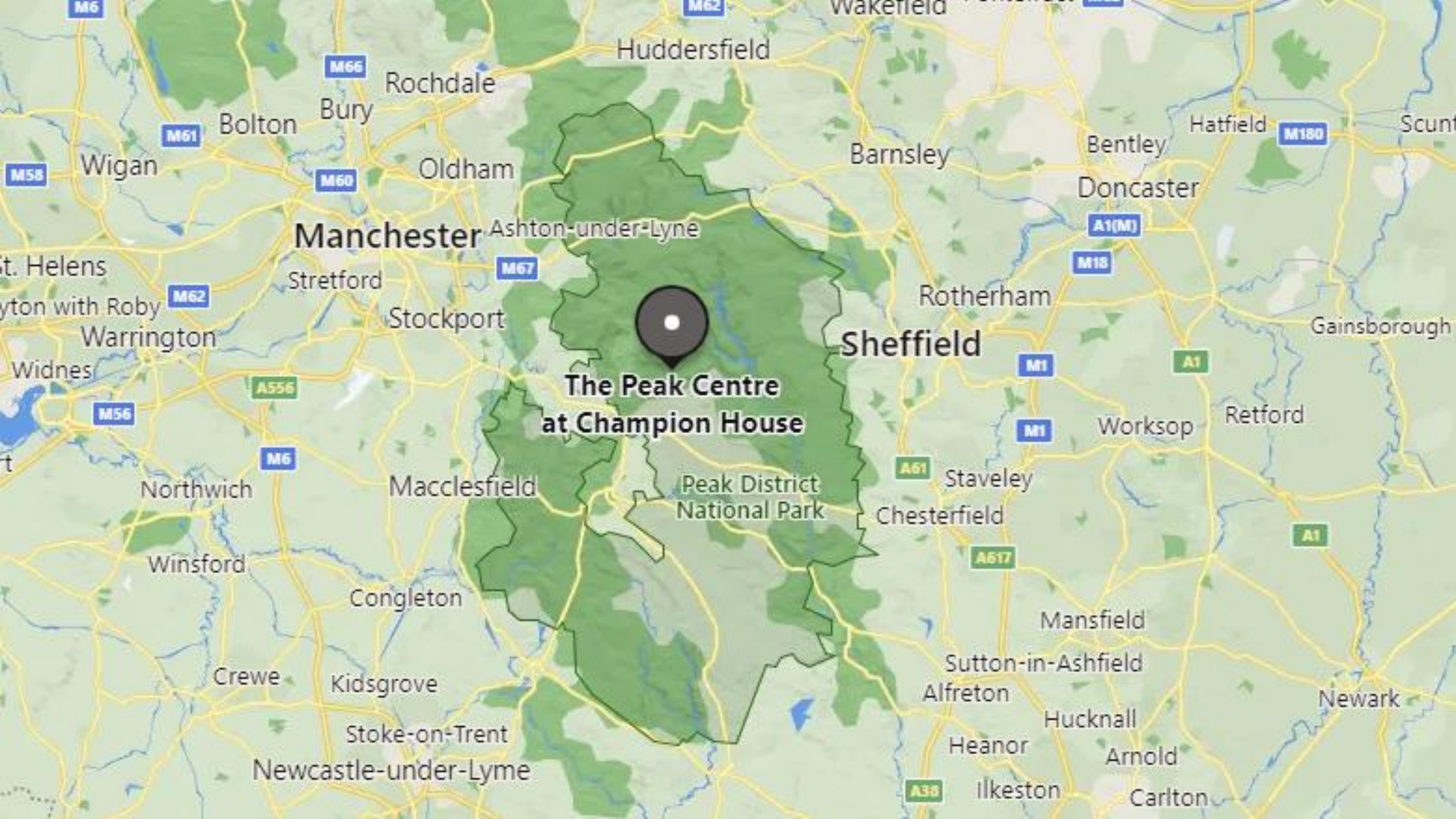


Eddale Peak Centre 2024

Monday 15th April – Wednesday 17th April
Wednesday 17th April – Friday 19th April

www.peakcentre.org.uk









Floor Plan



Whole Centre (46 beds, max occupancy 60)

John Champions Barn (26 beds, max occupancy 30)

Grindslow Wing (20 beds, max occupancy 25)

Day 1

- ▶ Arrive at school as usual.
- ▶ Leave suitcases and luggage in the Old Hall
- ▶ Leave for Edale later in the morning.
- ▶ Arrive at Peak Centre around Midday.
- ▶ Settle into rooms and have safety talk with PC staff including fire drills, making beds, unpacking clothes and exploring the PC.
- ▶ Start activities







Day 2

- ▶ Wake up at the Peak Centre.
- ▶ We will be having Breakfast, lunch and tea as a group at the Peak Centre.
- ▶ Throughout the day the children will be split up into groups taking part in activities such as **archery, orienteering, climbing wall, nightline etc.**

Day 3

- ▶ Wake up at Peak Centre.
- ▶ We assemble in the dining room and have breakfast as a group.
- ▶ The children will be split into 3 groups again and will be taking part in their final activity whilst the other groups tidy up – swap over.
- ▶ After the morning activities we will eat as a group before loading our luggage back onto the bus and setting off back for school.
- ▶ We are aiming to arrive back at school in time for the end of the school day. Your children can be picked up on the playground at the usual time. We will keep you updated on our progress back to school via Twitter or Text Message.

Meals

- ▶ Food is freshly prepared for us.
- ▶ Eat in tables encouraging good table manners and conversation.
- ▶ Breakfast – cereals and toast
- ▶ Lunch – sandwiches, fruit, crisps, biscuit
- ▶ Dinner – cooked meal and pudding

Plenty of drinks throughout the day.

Encourage trying things but there's always alternatives if needed.



Kit List

In a small rucksack

- ▶ Refillable water bottle.
- ▶ Inhaler (if needed). Any other medication must be handed straight to class teacher.
- ▶ *NO mobile phones, tablets or other electronic games.*
- ▶ *Small game, notepad or book*
- ▶ Packed lunch for the first day in a disposable bag.

Kit List

In a larger rucksack or holdall

- ▶ Coat suitable for outdoor activities, waterproof trousers and walking boots are provided by the centre if necessary.
- ▶ Trainers suitable for outdoor (possibly muddy) activities.
- ▶ Woolly or sun hat depending on the weather as it could be either really chilly or very warm!
- ▶ Ankle socks not trainer socks.
- ▶ Enough comfortable clothes for the stay, allowing for an extra outfit in case of mud/rain! Things like jeans, joggers, leggings, long sleeved tops, sweatshirts, fleeces
- ▶ Towel and toiletries.
- ▶ Pyjamas
- ▶ Indoor shoes, PE trainers are perfect – not slippers as they will be worn for indoor activities
- ▶ Anything you need to sleep with like teddy or book!!!
- ▶ *NO sweets, chocolate, drinks*
- ▶ **PLEASE ENSURE YOUR CHILD'S NAME IS ON EVERYTHING!**

Things to consider

- ▶ **Size of luggage** – The children have to be able to carry their own luggage from the car park to the Peak Centre.
- ▶ **Medication** – Any medication your child requires needs to be highlighted on the medical forms, please update us if anything changes between filling in the form and the day we leave. If you are sending medication to Edale it needs to be given to a member of staff on the morning of the trip, labelled clearly with the child's name and dosage amounts.

Groups

- ▶ Children will be in a dining room group, a bedroom group and 2 different activity group so will get a chance to be with all their classmates.
- ▶ We will choose these based on our knowledge of the children's friendships and behaviour.
- ▶ We will not share groups until we arrive in Edale.

Before we go

- ▶ Children will not have lights on at night, the doors are fire doors so they cannot be propped open. Between now and when we go, please get your child used to sleeping without a light, music playing or a screen in the room gradually.
- ▶ Children will be expected to make their own beds – with help – if they could practice that would be brilliant.
- ▶ Same with shoelaces!

Paperwork

- ▶ We have sent home forms as we have gauged numbers.
- ▶ It must be fully filled in or we will have to return it.
- ▶ If there are any changes between now and going to Edale please inform us and if need be complete another medical form or it can be amended.

Contact

- ▶ We will endeavour to text and Tweet as often as possible during the trip but the wifi is a little patchy
- ▶ Not all groups will have an iPad for photos all the time so don't panic if you don't see your child in a photo – it doesn't mean we've lost them!
- ▶ Miss West, Miss Lang and Mrs Benn will be in have direct contact with Mrs Hallsworth and/or Mr Hetherington whenever needed.

Any questions

- ▶ Please either see your child's class teacher at school or email year3-4department@scargill.derbyshire.sch.uk