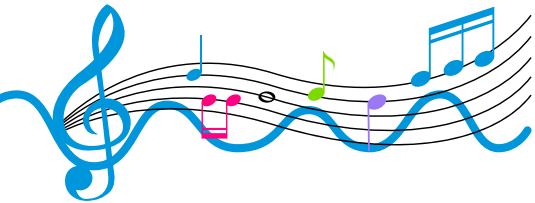


Try this at home

Pick an activity and get creative.

You should be able to find everything you need at home.



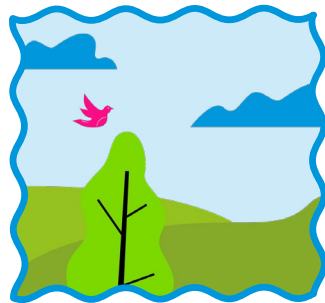
Activity 1

Compose a melody (a tune) for someone special to you. Think about the types of sounds you associate with them. For example, if they are a happy person, create a happy tune. Perform it to them by whistling, humming or using a homemade instrument.

Activity 2

Create a nature 'soundscape.'

Go outside and listen to the sounds of the birds in nature. If you have a device, you could record these sounds. If not, just try to remember them. When you get home, recreate these sounds using your voice or any objects.



Activity 3

Pick a favourite story and compose a musical accompaniment for it.

You can use musical instruments (real or homemade) that represent the characters or events in the story to enhance the experience!



Activity 4

Collect an assortment of glass jars and fill them with different amounts of water. See what sounds they make when you tap them with a wooden spoon. Can you compose a song with your new instrument?



Discovering 'connections' with SOUNDS

Colour me in

sky arts

Access all Arts

Access All Arts is a nationwide week where children across the country celebrate the arts and nurture their creativity, developing skills and confidence along the way.

Your child has been rolling their sleeves up and getting stuck into a week of arts at school. This year's theme is Connection, which means they have been reflecting on their unique bonds with friends, family, and the wider world. In the Sounds module, they have explored the magical power of sounds and discovered how they connect to a rhythm.

Now it's time for children to continue their Sounds adventure at home, boosting wellbeing and self-esteem along the way.

Why not dip into the activities here to continue their creative journey?

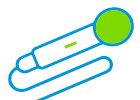
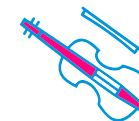
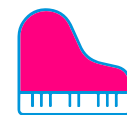
Discovering instruments

Choose an animal for each instrument.

Look at the selection of musical instruments below and think about the sounds each one makes. Assign each one an animal. Why does that sound make you think of that animal? What is the connection between them?



Animal: _____

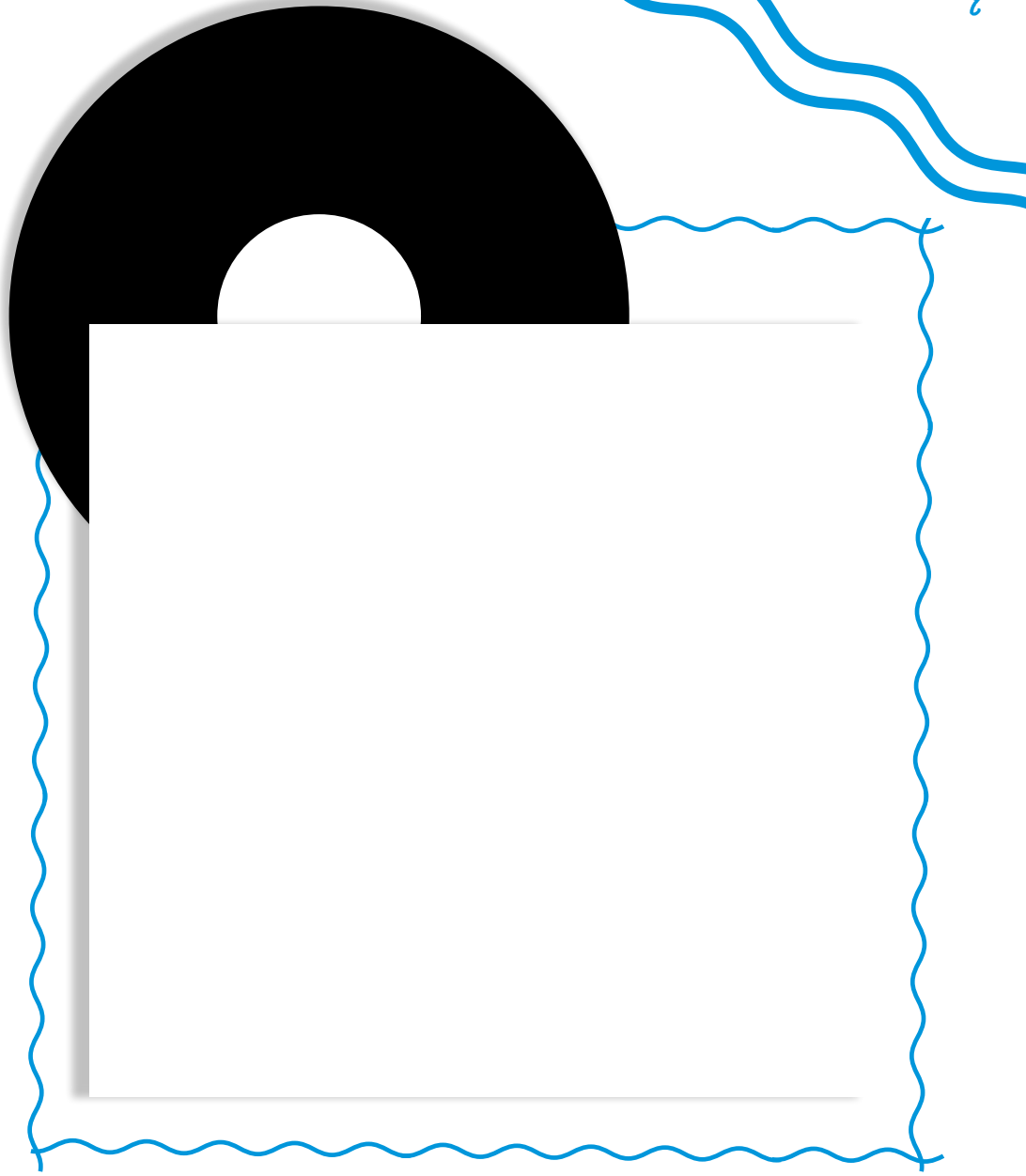


Animal: _____



Discovering your favourites

Draw an album cover for a favourite song you feel connected to. When you listen to it, what images, colours, patterns, and places pop into your mind?







Discovering your rhythm

Say your name out loud and listen to how many syllables (beats) it has. Here are some examples:

- Ben: one dot
- Kaya: two dots
- Nikolas: three dots

Use this beat to clap your own personal rhythm, like this:

 ● ● Kaya	 ● ● Kaya	 ● ● Kaya	 ● ● Kaya
--	--	--	--

Create your own:
